



PARTNERSHIP LEARNING

RIVERSIDE PRIMARY SCHOOL

Excellence for All



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Dear Parent/carer

### COVID-19

During these unprecedented times it can be quite confusing as to know what symptoms to look out for or, what to do if you are self-isolating.

At Riverside Primary we wanted to share with you advice from both the NHS and Public Health England.

#### Symptoms

- Continuous dry cough (coughing a lot for more than one hour)
- A high temperature above 37.8c (or feel hot to touch on chest or back)
- Loss of smell or taste

If you or your child develop symptoms of the coronavirus:

- Get a test to check if you have coronavirus as soon as possible
- All members of the household must self-isolate until the person displaying symptoms has been tested and received the result
- You do not need to get a test for anyone else in the household unless they also have any of the 3 symptoms listed above.

What to do when you get the test result:

If the test is negative (the test did not show coronavirus), you or your child do not need to self-isolate as long as:

- Everyone you live with who has symptoms tests negative
- Everyone in your support bubble who has symptoms tests negative
- You were not told to self-isolate for 14 days by NHS Test and Trace
- You or your child feel well – if you or your child feel unwell, stay at home until you're feeling better
- The school require evidence of a negative test, this should be shown on the first returning day

If your child's test is positive (the test shows coronavirus):

- Inform the school immediately.



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- Your child must self-isolate for at least 10 days from when the symptoms started – If they still have a high temperature they should keep self-isolating until their temperature returns to normal
- Support home learning – the school will direct you how to access this
- Anyone you live with must self-isolate for 14 days from when your symptoms started
- Anyone in your support bubble must self-isolate for 14 days from when your symptoms started

*S. Kinnaird*

Mrs Sarah Kinnaird  
Headteacher

