

Choose  
one  
activity

# *Sow Grow and Farm*

Due:  
Friday 1st March 2024

Use the BBC Food and Good Food websites to find which foods are in season. Create an alphabetical list of what is in season. Find a recipe for a seasonal dish and make the meal with an adult. Create a picture diary of your activity.

Explore examples of still life artwork online. Collect and arrange a selection of seasonal produce, then create a still life drawing or painting of your arrangement. Think about including tints and shades of colour in your piece. Remember to give your completed artwork a title.

Visit and research allotments. Use this research to create a 3D model of an allotment. You might include a shed, greenhouse, compost bin, crops and tools.

Create a 3D model of a flower including all the different parts. You could use paper, card, fabric, straws, pipe cleaners, wool, string or clay. Your model can be free standing or mounted on card for stability. Try and make your model as realistic as you can. Finally, evaluate your model and consider what went well, what you would change and what you would do differently next time.