



27th January 2023

Xtend Swimming Panathlon Tournament

Dear Parents / Carers,

I am delighted to inform you that this year your child has been selected to represent Riverside Bridge School in the upcoming Xtend Swimming Panathlon Tournament held at the London Aquatic Centre, Stratford on Monday 27th February 2023.

Riverside Bridge School always strive to reward pupils for positive and hard work. Therefore, due to the superb work your child has produced since September in PE lessons, we are delighted to inform you that your child will be representing our school in this upcoming tournament, which is recognised across the Barking and Dagenham Borough and Essex County.

Please read through the information below and return the signed consent slip to school by Tuesday 2nd February 2023.

The programme aims to achieve the following objectives for your child:

- to develop knowledge of Panathlon Swimming events;
- to develop basic Panathlon Swimming techniques;
- to develop health living through physical exercise;
- to participate in an enjoyable social activity;
- to participate in an out of school competition;
- to try to win a borough trophy for the school.

Clothing/equipment checklist:

Pupils will need to wear their Riverside Bridge School PE kit that includes:

- Swim suit/ swim shorts / goggles
- Towel
- Swim cap (Long hair must be covered)
- Packed lunch for the day, plus any other snacks your child may want.

Pupils are to arrive in school as usual, as pupils will be changing at the Aquatic centre as they would do for a swimming lesson. Therefore, please ensure all clothing is clearly labelled and in a suitable bag.

It remains our policy that no jewellery should be worn at the London Aquatic centre. If possible, all jewellery should be left at home, as the PE staff cannot take responsibility for these items.

Your child will be departing at 09:45 and returning to school at 14:30.

Venue: London Aquatic Centre, Queen Elizabeth Olympic Park, Stratford E20 2ZQ

Kind regards,

Mr R. Flowers

PE Lead



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Consent Form

Consent

I agree for my child to travel by minibus and participate in the Xtend Panathlon Tournament at the London Aquatic Centre, Stratford on Monday 27th February 2023.

Do not consent

I don't agree for my child to participate in the Xtend Panathlon Tournament at the London Aquatic Centre, Stratford on Monday 27th February 2023.

Parents/Carers' Signature: _____

Date: _____