



19th October 2022

Xtend Panathlon Tournament

Dear Parents / Carers,

I am delighted to inform you that this year your child has been selected to represent Riverside Bridge School in the upcoming Xtend Panathlon Tournament held at Eastbrook School on Monday 21st November 2022.

Riverside Bridge School always strive to reward pupils for positive and hard work. Therefore, due to the superb work your child has produced since September in PE lessons, we are delighted to inform you that your child will be representing our school in this upcoming tournament, which is recognised across the Barking and Dagenham Borough and Essex County.

Please read through the information below and return the signed consent slip to school by Tuesday 1st November 2022.

The programme aims to achieve the following objectives for your child:

- to develop knowledge of Panathlon events;
- to develop basic Panathlon techniques;
- To develop health living through physical exercise;
- to participate in an enjoyable social activity;
- to participate in an out of school competition;
- to try to win a borough trophy for the school.

Clothing/equipment checklist:

Pupils will need to wear their Riverside Bridge School PE kit that includes:

- PE t-shirt and/or jumper
- PE shorts or joggers
- Trainers
- Hair bands/ties (Long hair must be tied back)

Pupils are to arrive in school as usual as they will be changing in school as they would for a PE lesson, prior to leaving. Therefore, please ensure all clothing is clearly labelled and in a suitable bag.

It remains our policy that no jewellery should be worn at Eastbrook School. If possible, all jewellery should be left at home, as the PE staff cannot take responsibility for these items.

Your child will be departing at 10.30am and returning to school at 2.00pm.

Venue: Dagenham Road, Dagenham RM10 7UR

Kind regards,
Mr R. Flowers
PE Lead



Xtend Panathlon Tournament Consent Form

Consent

I agree for my child to travel by minibuss and participate in the Xtend Panathlon Tournament at Eastbrook School, Dagenham on Monday 21st November 2022.

Do not consent

I don't agree for my child to participate in the Xtend Panathlon Tournament at Eastbrook School, Dagenham on Monday 21st November 2022.

Parents/Carers' Signature: _____

Date: _____