



23rd January 2023

Riverside Bridge Healthy Living Enrichment Clubs

Dear Parents/Carers,

Riverside Bridge School is committed to promoting the health and well-being of all pupils and staff through physical activity. The aspiration in developing this is to influence the whole school community to establish and maintain lifelong physical activity habits.

Riverside Bridge School strives to maximise opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, extra-curricular clubs, the environment and wider community.

We as the Healthy Living Team consist of the Physical Education department and the Cooking & Nutrition department. The Healthy Living Team would like to cordially invite all pupils to attend our extra-curricular Enrichment club programme.

Each half term the Healthy Living Team will be offering different sports and food & nutritional based activities after school. These clubs will run from 3:30pm till 4:15pm. Parents/Carers will therefore be required to collect their child from school at 4:15pm, pupils will also be required to bring a snack to clubs.

The following clubs will begin on Monday 20th February, finishing on Friday 31st March 2023.

- Monday – PE: Junior Basketball (5-10 Years old)
- Tuesday – PE: Senior Basketball (11 years +)
- Thursday – PE: Junior Kurling (5-10 Years old)
- Thursday – Cooking & Nutrition: Healthy Heroes club (5-10 Years old)
- Friday – Cooking & Nutrition: Cooking Club (11 years +)

Please read through the information below and return the signed consent slip to school by Tuesday 31st January 2023. You will be informed by Friday 3rd February if your child will be attending club or on a waiting list.

Kind regards,

Mr R Flowers

Riverside Bridge, PE Lead and After-School Club Lead.



Healthy Living Enrichment Clubs Consent Form

Please indicate the club (s) your child would like to attend:

My child would like to attend:	If yes, please tick
Monday – PE: Junior Basketball (5-10 Years old)	
Tuesday – PE: Senior Basketball (11 years +)	
Thursday – PE: Junior Boccia (5-10 Years old)	
Thursday – Cooking & Nutrition: Healthy Heroes club (5-10 Years old)	
Friday – Cooking & Nutrition: Gardening Club (11 years +)	

I would like my child to attend and participate in the above extra-curricular Healthy Living Clubs starting from Monday 20th February, finishing on Friday 31st March 2023.

I understand that I will be informed if my child is successful in gaining a place in the above clubs or if they will be placed on the waiting list.

If my child is given a place in a club will also provide my child with a snack for club.

Parents/Carers' signature:

Date: